

For information call: Tony Huynh (469) 344-1240 Location: Mesquite Convention Center 1700 Rodeo Dr, Mesquite, TX 75149

# **Demonstration Division!** EVERYONE'S A WINNER!

Do any Form, Creative Forms, Weapons with or without music **And Receive a medal**!!! (Just enter **D-1** as an additional event)

TKO QUALIFIER RATED WKL WORLD QUALIFIER 8 GRANDS AWARDED TO:

\$100 BLACK BELT FORMS
\$200 BLACKBELT MEN SPARRING
\$200 BLACKBELT WOMEN SPARRING

JUNIOR GRANDS FORMS

JR BLACK TRADITONAL FORMS

JR BLACK CREATIVE FORMS

UNDERBELT ADVANCE

UNDERBELT INTERMEDIATE

UNDERBELT BEGINNER

ADULT UNDERBLET

Welcome to TKO/TNT League state qualifier Doors open at 8am, Demo at 9am, and tournament starts at 9:30 amThis event is a TKO State and WKL World Qualifier and is open to all martial artist! To Register you can go online at TKO.Sidekick.Events. To take advantage of our savings..Early Bird registration ends Friday 2 weeks prior to the tournament, and Pre-Registration ends Wednesday at midnight the week of the event. After the pre-registration deadline, you can still register online up until the day of the event. For rules and Info go to www.TKOLeague.com

| REGISTRATION FEE INFORMATION Register online EventsReg.org |   |   |  |  |  |  |
|--|---|---|--|--|--|--|
| Register Early<br>\$ Save Money \$                         | Early Bird Registrations<br>Ends Friday 2 week before Event | Pre-Registration<br>Ends Wednesday before Event | Registration<br>After Wednesday before Event |  |  |  |
| Entry Fee - 1  | \$40  | \$50  | \$60   |  |  |  |
| Additional Events  | \$25 x  | \$30 x  | \$35 x                                       |  |  |  |
| Spectator Pass (General Admission)                         | \$15 x  | \$20 x  | \$20 x                                       |  |  |  |
| VIP Floor Pass (General Admission and Ringside)            | \$25 x  | \$35 x  | \$50 x                                       |  |  |  |
|  | TOTAL =   | TOTAL =   | TOTAL =                                      |  |  |  |

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Start time 9:00 am Demo and 9:30 am Tournament begins! No
                                                                 CREATIVE FORMS—With or Without Music
                                                                                                                           YOUTH SPARRING
limit in division entered!
                                                                 CF-A
                                                                             CR Creative Forms * <= 5 * M/F
                                                                                                                           US-1 PT Sparring - Point * <= 5 * All Ranks * Male
                                                                             CR Creative Forms * <= 6-7 * Beginner * M/F
<u>D-1</u> DEMO<u>—Everyone is a Winner! Trophy Awarded</u>
                                                                 CF-1
                                                                                                                           US-2 PT Sparring - Point * <= 5 * All Ranks * Female
                                                                            CR Creative Forms * <= 6-7 * Intermed * M/F
H-1 HANDICAPABLE FORMS
                                                                 CF-1B
                                                                                                                           US-3 PT Sparring - Point * 6-7 * Beginner * Male
H-2 HANDICAPABLE WEAPONS
                                                                 CF-2
                                                                             CR Creative Forms * <= 6-7 * Adv/Black * M/F
                                                                                                                           US-4 PT Sparring - Point * 6-7 * Intermediate * Male
                                                                             CR Creative Forms * <= 7 * Black * M/F
                                                                 CF-2B
Team Kata - Synchronize Form (2-3 members)
                                                                                                                           US-5 PT Sparring - Point * 6-7 * Adv / Black * Male
TK-1 Team Kata (2-3 members) * Beginner * M/F
                                                                 CF-3
                                                                             CR Creative Forms * 8-9 * Beginner * M/F
TK-2 Team Kata (2-3 members) * Intermediate * M/F
                                                                                                                           US-6 PT Sparring - Point * 6-7 * Female * Beginner
                                                                            CR Creative Forms * 8-9 * Intermediate * M/F
                                                                 CF-3B
TK-3 Team Kata (2-3 members) * Adv / Black * M/F
                                                                 CF-4
                                                                             CR Creative Forms * 8-9 * Advanced * M/F
                                                                                                                           US-7 PT Sparring - Point * 6-7 * Female * Intermediate
SELF DEFENSE - Single or Multi Attacker
                                                                 CF-5
                                                                             CR Creative Forms * 8-9 * Black * M/F
                                                                                                                           US-8 PT Sparring - Point * 6-7 * Female * Adv / Black
                                                                            CR Creative Forms * 10-11 * Beginner * M/F
SD-1
           Self Defense * <= 17 * Beg / Intr * M/F
                                                                 CF-6
                                                                                                                           US-9 PT Sparring - Point * 8-9 * Male * Beginner
SD-2
           Self Defense * <= 17 * Advanced * M/F
                                                                 CF-6B
                                                                            CR Creative Forms * 10-11 * Intermed * M/F
                                                                                                                           US-10 PT Sparring - Point * 8-9 * Male * Intermediate
           Self Defense * <= 17 * Black * M/F
SD-3
                                                                 CF-7
                                                                             CR Creative Forms * 10-11 * Advanced * M/F
                                                                                                                           US-11 PT Sparring - Point * 8-9 * Male * Advanced
SD-4
           Self Defense * 18+ * Underbelt * M/F
                                                                 CF-8
                                                                             CR Creative Forms * 10-11 * Black * M/F
                                                                                                                           US-12 PT Sparring - Point * 8-9 * Male * Black
SD-5
           Self Defense * 18+ * Black * M/F
                                                                 CF-9
                                                                             CR Creative Forms * 12-13 * Beginner * M/F
                                                                                                                           US-13 PT Sparring - Point * 8-9 * Female * Beginner
TRADITIONAL WEAPONS - ( HARD/SOFT )
                                                                            CR Creative Forms * 12-13 * Intermed * M/F
                                                                 CF-9B
           TR Trad. Weapons * <= 11 * Beginner * M/F
                                                                 CF-10
                                                                             CR Creative Forms * 12-13 * Advanced * M/F
TW-1
                                                                                                                           US-14 PT Sparring - Point * 8-9 * Female * Intermediate
TW-1B
           TR Trad. Weapons * <= 11 * Intermediate * M/F
                                                                 CF-11
                                                                             CR Creative Forms * 12-13 * Black * M/F
                                                                                                                           US-15 PT Sparring - Point * 8-9 * Female * Advanced
TW-2
           TR Trad. Weapons * <= 11 * Advanced * M/F
                                                                 CF-12
                                                                             CR Creative Forms * 14-15 * Beginner * M/F
                                                                                                                           US-16 PT Sparring - Point * 8-9 * Female * Black
TW-2B
           TR Trad. Weapons * <= 11 * Black * M/F
                                                                 CF-12B
                                                                             CR Creative Forms * 14-15 * Intermed * M/F
                                                                                                                           US-17 PT Sparring - Point * 10-11 * Male * Beginner
           TR Trad. Weapons * 12-13 * Beginner * M/F
                                                                             CR Creative Forms * 14-15 * Advanced * M/F
TW-3
                                                                 CF-13
                                                                                                                           US-18 PT Sparring - Point * 10-11 * Male * Intermediate
TW-3B
           TR Trad. Weapons * 12-13 * Intermediate * M/F
                                                                 CF-14
                                                                             CR Creative Forms * 14-15 * Black * M/F
                                                                                                                           US-19 PT Sparring - Point * 10-11 * Male * Advanced
                                                                 CF-15
TW-4
           TR Trad. Weapons * 12-13 * Advanced * M/F
                                                                             CR Creative Forms * 16-17 * Beginner * M/F
TW-4B
           TR Trad. Weapons * 12-13 * Black * M/F
                                                                 CF-15B
                                                                            CR Creative Forms * 16-17 * Intermed * M/F
                                                                                                                           US-20 PT Sparring - Point * 10-11 * Male * Black
           TR Trad. Weapons * 14-15 * Beginner * M/F
                                                                             CR Creative Forms * 16-17 * Advanced * M/F
                                                                                                                           US-21 PT Sparring - Point * 10-11 * Female * Beginner
TW-5
                                                                 CF-16
TW-5B
           TR Trad. Weapons * 14-15 * Intermediate * M/F
                                                                 CF-17
                                                                             CR Creative Forms * 16-17 * Black * M/F
                                                                                                                           US-22 PT Sparring - Point * 10-11 * Female * Intermed
TW-6
           TR Trad. Weapons * 14-15 * Advanced * M/F
                                                                 CF-18
                                                                             CR Creative Forms * 18+ * Underbelt * M/F
                                                                                                                           US-23 PT Sparring - Point * 10-11 * Female * Advanced
TW-6B
           TR Trad. Weapons * 14-15 * Black * M/F
                                                                 CF-19
                                                                             CR Creative Forms * 35+ * Underbelt * M/F
                                                                                                                           US-24 PT Sparring - Point * 10-11 * Female * Black
           TR Trad. Weapons * 16-17 * Beginner * M/F
TW-7
                                                                 ADULT BLACK BELT WEAPONS ( HARD/SOFT )
                                                                                                                           US-25 PT Sparring - Point * 12-13 * Male * Beginner
           TR Trad. Weapons * 16-17 * Intermediate * M/F
TW-7B
                                                                 With or Without Music
                                                                                                                           US-26 PT Sparring - Point * 12-13 * Male * Intermediate
                                                                 BW-1
TW-8
           TR Trad. Weapons * 16-17 * Advanced * M/F
                                                                             CR Black Belt Weapons * 18+ * Male
                                                                             CR Black Belt Weapons * 18+ * Female
                                                                                                                           US-27 PT Sparring - Point * 12-13 * Male * Advanced
           TR Trad. Weapons * 16-17 * Black * M/F
TW-8B
                                                                 BW-2
TW-9
           TR Trad. Weapons * 18+ * Underbelt * M/F
                                                                 BW-3
                                                                             CR Black Belt Weapons * 35+ * Male
                                                                                                                           US-28 PT Sparring - Point * 12-13 * Male * Black
           TR Trad. Weapons * 18+ * Black * M/F
TW-10
                                                                 RW-4
                                                                            CR Black Belt Weapons * 35+ * Female
                                                                                                                           US-29 PT Sparring - Point * 12-13 * Female * Beginner
KUNG FU / CHINESE FORMS (SOFT)
                                                                 BLACK BELT CREATIVE FORM ( HARD/SOFT)
                                                                                                                           US-30 PT Sparring - Point * 12-13 * Female * Intermed
KC-1 TR Kung Fu / Chinese Forms * <= 11 * Beg / Intr * M/F
                                                                 BC-1
                                                                             CR Black Belt Creative Forms * 18+ * Male
                                                                                                                           US-31 PT Sparring - Point * 12-13 * Female * Advanced
KC-2 TR Kung Fu / Chinese Forms * <= 11 * Adv / Black * M/F
                                                                 BC-2
                                                                            CR Black Belt Creative Forms * 18+ * Female
                                                                                                                           US-32 PT Sparring - Point * 12-13 * Female * Black
                                                                             CR Black Belt Creative Forms * 35+ * Male
KC-3 TR Kung Fu / Chinese Forms * 12-13 * Beg / Intr * M/F
                                                                 BC-3
                                                                                                                           US-33 PT Sparring - Point * 14-15 * Male * Beginner
KC-4 TR Kung Fu / Chinese Forms * 12-13 * Adv / Black * M/F
                                                                 BC-4
                                                                            CR Black Belt Creative Forms * 35+ * Female
KC-5 TR Kung Fu / Chinese Forms * 14-15 * Beg / Intr * M/F
                                                                 BLACK BELT TRADITIONAL FORMS
                                                                                                                           US-34 PT Sparring - Point * 14-15 * Male * Intermediate
KC-6 TR Kung Fu / Chinese Forms * 14-15 * Adv / Black * M/F
                                                                 BT-1J TR Forms-Japanese *18+*BB*Male
                                                                                                                           US-35 PT Sparring - Point * 14-15 * Male * Advanced
KC-7 TR Kung Fu / Chinese Forms * 16-17 * Beg / Intr * M/F
                                                                 BT-1K TR Forms-Korean *18+*BB*Male
                                                                                                                           US-36 PT Sparring - Point * 14-15 * Male * Black
KC-8 TR Kung Fu / Chinese Forms * 16-17 * Adv / Black * M/F
                                                                 BT-2J TR Forms-Japanese *18+*BB*Female
                                                                                                                           US-37 PT Sparring - Point * 14-15 * Female * Beginner
KC-9 TR Kung Fu / Chinese Forms * 18+ * Under belt * M/F
                                                                 BT-2K TR Forms-Korean *18+*BB*Female
                                                                                                                           US-38 PT Sparring - Point * 14-15 * Female * Interm
KC-10 TR Kung Fu / Chinese Forms * 18+ * Black * M/F
                                                                 BT-3J TR Forms-Japanese *35+BB*Male
                                                                                                                           US-39 PT Sparring - Point * 14-15 * Female * Advanced
KEMPO FORMS
                                                                 BT-3K TR Forms-Korean *35+*BB*Male
                                                                                                                           US-40 PT Sparring - Point * 14-15 * Female * Black
KP-1 TR Kempo Forms * <= 11 * Beg / Intr * M/F
                                                                 BT4J TR Forms-Korean *35+*BB*Female
                                                                                                                           US-41 PT Sparring - Point * 16-17 * Male * Beginner
KP-2 TR Kempo Forms * <= 11 * Adv / Black * M/F
                                                                 BT-5J TR Forms-Japanese *45+*BB*M/F
KP-3 TR Kempo Forms * 12-13 * Beg / Intr * M/F
                                                                 BT-5K TR Forms-Korean *45+*BB*M/
                                                                                                                           US-42 PT Sparring - Point * 16-17 * Male * Intermediate
KP-4 TR Kempo Forms * 12-13 * Adv / Black * M/F
                                                                 FORMS ( Traditional Forms only)
                                                                                                                           US-43 PT Sparring - Point * 16-17 * Male * Advanced
KP-5 TR Kempo Forms * 14-15 * Beg / Intr * M/F
                                                                 If more that 12 we will divide to Boys and Girls
                                                                                                                           US-44 PT Sparring - Point * 16-17 * Male * Black
KP-6 TR Kempo Forms * 14-15 * Adv / Black * M/F
                                                                 UF-1 TR Forms - Traditional * <= 5 * All Ranks * M/F
                                                                                                                           US-45 PT Sparring - Point * 16-17 * Female * Beginner
KP-7 TR Kempo Forms * 16-17 * Beg / Intr * M/F
                                                                 UF-2 TR Forms - Traditional * 6-7 * Beginner * M/F
                                                                                                                           US-46 PT Sparring - Point * 16-17 * Female * Interm
KP-8 TR Kempo Forms * 16-17 * Adv / Black * M/F
                                                                 UF-3 TR Forms - Traditional * 6-7 * Intermediate * M/F
                                                                                                                           US-47 PT Sparring - Point * 16-17 * Female * Advanced
KP-9 TR Kempo Forms* 18+ * Underbelt * M/F
                                                                 UF-4 TR Forms - Traditional * 6-7 * Adv / Black * M/F
                                                                                                                           US-48 PT Sparring - Point * 16-17 * Female * Black
KP-10 TR Kempo Forms * 18+ * Black * M/F
                                                                 UF-5 TR Forms - Traditional * 8-9 * Beginner * M/F
WEAPONS - CREATIVE /EXTREME ( HARD/SOFT )
                                                                 UF-6 TR Forms - Traditional * 8-9 * Intermediate * M/F
                                                                                                                           ADULT SPARRING ( NON BLACK )
With or Without Music
                                                                 UF-7 TR Forms - Traditional * 8-9 * Adv / Black * M/F
                                                                                                                           US-49 PT Sparring - Point * 18+ * Male * Beginner
           TR Weapons * <= 7 * Beginner * M/F
                                                                 UF-8 TR Forms - Traditional * 10-11 * Beginner * M/F
W-1
                                                                                                                           US-50 PT Sparring - Point * 18+ * Male * Intermediate
W-1B
           TR Weapons * <= 7 * Intermediate * M/F
                                                                 UF-9 TR Forms - Traditional * 10-11 * Intermediate * M/F
                                                                                                                           US-51 PT Sparring - Point * 18+ * Male * Advanced
           TR Weapons * <= 7 * Advanced * M/F
                                                                 UF-10 TR Forms - Traditional * 10-11 * Advanced * M/F
W-2
                                                                                                                           US-52 PT Sparring - Point * 18+ * Female * Beginner
W-2B
           TR Weapons * <= 7 * Black * M/F
                                                                 UF-11J TR Forms - Trad. Japanese * 10-11 * Black * M/F
                                                                 UF-11K TR Forms - Trad. Korean * 10-11 * Black * M/F
                                                                                                                           US-53 PT Sparring - Point * 18+ * Female * Intr / Adv
           TR Weapons * 8-9 * Beginner * M/F
W-3
                                                                                                                           US-54 PT Sparring - Point * 35+ * Male * Beginner
           TR Weapons * 8-9 * Intermediate * M/F
W-3B
                                                                 UF-12 TR Forms - Traditional * 12-13 * Beginner * M/F
W-4
           TR Weapons * 8-9 * Advanced * M/F
                                                                 UF-13 TR Forms - Trad. * 12-13 * Intermediate * M/F
                                                                                                                           US-55 PT Sparring - Point * 35+ * Male * Intr / Adv
W-4B
           TR Weapons * 8-9 * Black * M/F
                                                                 UF-14 TR Forms - Traditional * 12-13 * Advanced * M/F
                                                                                                                           US-56 PT Sparring - Point * 35+ * Female * Beginner
                                                                 UF-15J TR Forms - Trad. Japanese * 12-13 * Black * M/F
W-5
           TR Weapons * 10-11 * Beginner * M/F
                                                                                                                           US-57 PT Sparring - Point * 35+ * Female * Intr / Adv
W-5B
           TR Weapons * 10-11 * Intermediate * M/F
                                                                 UF-15K TR Forms - Trad .Korean * 12-13 * Black * M/F
W-6
           TR Weapons * 10-11 * Advanced * M/F
                                                                 UF-16 TR Forms - Traditional * 14-15 * Beginner * M/F
                                                                                                                           BLACK BELT POINT SPARRING
W-7
           TR Weapons * 10-11 * Black * M/F
                                                                 UF-17 TR Forms - Trad. * 14-15 * Intermediate * M/F
           TR Weapons * 12-13 * Beginner * M/F
                                                                                                                           BS-1 PT Sparring * 18+ * Male * Black * Light (164-)
W-8
                                                                 UF-18 TR Forms - Traditional * 14-15 * Advanced * M/F
                                                                                                                           BS-2 PT Sparring * 18+ * Male * Black * Middle (165-184)
           TR Weapons * 12-13 * Intermediate * M/F
                                                                 UF-19J TR Forms - Trad. Japanese * 14-15 * Black * M/F
W-8B
W-9
           TR Weapons * 12-13 * Advanced * M/F
                                                                 UF-19K TR Forms - Trad. Korean* 14-15 * Black * M/F
                                                                                                                           BS-3 PT Sparring * 18+ * Male * Black * Heavy (185-204)
           TR Weapons * 12-13 * Black * M/F
W-10
                                                                 UF-20 TR Forms - Traditional * 16-17 * Beginner * M/F
                                                                                                                           BS-4 PT Sparring * 18+ * Male * Black * Super Hvy (205+)
           TR Weapons * 14-15 * Beginner * M/F
W-11
                                                                 UF-21 TR Forms - Trad. * 16-17 * Intermediate * M/F
                                                                                                                           BS-5 PT Sparring * 18+ * Female * Black * Feather (144-)
W-11B
           TR Weapons * 14-15 * Intermediate * M/F
                                                                 UF-22 TR Forms - Traditional * 16-17 * Advanced * M/F
                                                                                                                           BS-6 PT Sparring * 18+ * Female * Black * Light (145+)
W-12
           TR Weapons * 14-15 * Advanced * M/F
                                                                 UF-23J TR Forms - Trad. Japanese * 16-17 * Black * M/F
                                                                                                                           BS-7 PT Sparring * 35-44 * Male * Black * Light (175-)
W-13
           TR Weapons * 14-15 * Black * M/F
                                                                 UF-23K TR Forms - Trad. Japanese * 16-17 * Black * M/F
                                                                                                                           BS-8 PT Sparring * 35-44 * Male * Black * Heavy (175+)
           TR Weapons * 16-17 * Beginner * M/F
W-14
                                                                 UF-24 TR Forms - Traditional * 18+ * Beginner * M/F
W-14R
           TR Weapons * 16-17 * Intermediate * M/F
                                                                 UF-25 TR Forms - Trad. * 18+ * Intermediate * M/F
                                                                                                                           BS-9 PT Sparring * 35+ * Female * Black * Feather (144-)
W-15
           TR Weapons * 16-17 * Advanced * M/F
                                                                 UF-26 TR Forms - Traditional * 18+ * Advanced * M/F
                                                                                                                           BS-10 PT Sparring * 35+ * Female * Black Light (145+)
                                                                 UF-27 TR Forms - Traditional * 35+ * Beginner * M/F
           TR Weapons * 16-17 * Black * M/F
W-16
                                                                                                                           BS-11 PT Sparring * 45+ * Male * Black
W-17
           TR Weapons * 18+ * Underbelt * M/F
                                                                 UF-28 TR Forms - Traditional * 35+ * Intr / Adv * M/F
                                                                                                                           BS-12 PT Sparring * 55+ * Male * Black
           TR Weapons * 35+ * Underbelt * M/F
W-18
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## TKO QUALIFIER AND STATE RULES AT GLANCE

#### **KATA/FORMS RULES:**

- A. All competitors will perform their Katas with scores given when all the competitors are finished.
- B. Scoring Range will be from 9.0-9.9 in all Katas/Weapons Divisions
- C. Each judge must choose their top winners from highest to lowest. Example: 9.9 for 1<sup>st</sup>, 9.8 for 2<sup>nd</sup>, 9.7 for 3<sup>rd</sup> and 9.6 for 4<sup>th</sup> with 9.5 being the median.
- D. All 3 judges must be within the same scoring range. A denomination of (.2) will be applied below the 2<sup>nd</sup> highest score.

Example: A score of 9.9, 9.8, **9.3**. Since 9.3 is not in the same range of 9.9 and 9.8, the lowest score of 9.3 will now change to **9.6**.

- F. A second chance will be given to Under Belts (Non Black Belts) who forget their form. All Katas, Weapons, Specialty (Musical, Weapons, 2 man) can restart only once. **Only at STATE FINALS, there will be "NO" restart.**
- G. Specialty (Musical, Weapons, 2 man) no longer than 2 minutes
- H. Judging students is allowed

### TIES

- A. If tied Run off of same or different kata is acceptable.
- B. If tied again judges point to winner.

### MANDATORY UNIFORMS AND EQUIPMENT:

- A. All uniforms must be of regulation in that particular style or system. (In KATA competition uniform may vary with tournament director's approval)
- B. Must have a clean uniform.
- C. Male competitors will wear groin protector.
- D. No shoes allowed when sparring unless Ring Star approved sparring shoes.
- E. Must wear mouthpiece.
- F. Head, foot and hand gear mandatory.
- G. Must wear elbow pads

### II. MATCHES:

- A. 2 judges will be used for Point Sparring per ring.
- B. Instructors cannot judge their students in sparring

## **III. MATCH LENGTH:**

- A. All matches will be two minutes or first to 7 points.
- B. Coaching is allowed but yelling profanity, poor sportsmanlike conduct or yelling at a judge will not be tolerated. Judge has the right to disqualify any competitor if these rules are violated.
- C. No physical contact from coach and the competitor will be allowed during a match

### **IV. SCORING:**

- A. Punches 1 point.
- B. All Kicks to body 1 point.
- C. All Kicks to head 2 points.
- D. Confirmation needed to be awarded a point.
- E. Light contact to the face & medium contact to the body for all ranks.
- F. Hands touching floor is legal but not when body, elbows, buttocks and knees touches floor.
- G. Capoeira, and Cartwheel kicks are allowed. Head or body (2 points)

## V. ILLEGAL TECHNIQUES:

No joints, no elbow techniques, no back or blind techniques, or throat techniques. No knee, or leg techniques, take downs (only in rings), headbutts, arms, spine, neck, eyes techniques, or kicks to the legs. No Groin or No Ground fighting

### VI. PROTESTS:

Only the coach has the right to protest any call BEFORE the match is over.

### VII. DISQUALIFICATION:

- A. Excessive contact in all divisions. 1<sup>st</sup> time warning with 2<sup>nd</sup> time disqualification
- B. Swelling, discoloration, or drawing blood an head/face or knockout by malicious intent in all ranks will be grounds for disqualification. (no verification)
- C. Unsportsmanlike conduct or any other form of conduct unbecoming to a martial artist.

## VIII. OUT OF BOUNDS:

- A. Must have both feet over the tape or matted area is out of bounds. (1 point is awarded to opponent)
- B. No verification needed for out of bounds calls.

#### X. FOUL:

A. Each foul called on an opponent will result in a point awarded to person receiving foul.

# Continuous Sparring Rules at a Glance

#### Definition

#### \* You can download complete rules at TKOLeague.com

A Leg and Full Body Light Contact (No Head) Fighting in a Continuous Manner. Under no circumstances should light contact continuous fighting simulates full contact kickboxing. Utilizing well-controlled techniques, ring craftsmanship and combination skills, competitors should attempt to "outscore" rather than "overpower" their opponent. Competitors will fight continuously until the referee's command to "STOP/BREAK". Techniques should not "strike through" or "push through" the target. Striking with excessive contact, or uncontrolled striking of any kind will lead to disqualification. Emphasis must be placed on both punching and kicking techniques. Punching or "boxing" only to body or leg (Above the knee), for an extended period of time without throwing kicks will downgrade the judge's evaluation of your performance. Each match is carried out with running time. The referee and judges will evaluate the relative effectiveness of each fighter based on the number, quality and variety of scoring strikes, defense and conditioning. Rules violations (whether penalized by the referee or not) will downgrade the judges evaluation of the offending fighter. The three officials will determine the winner of each match by majority decision.

#### **Equipment Needed:**

- Adult divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Teen & Junior divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Shorts or pants and school tshirt/rash guard or Martial Arts Uniform must be worn.

**Weigh-in:** Weigh-in is not required at Qualifiers. To insure fairness, a request can be ask during check-in. Only at State you will need to make weight. All competitors must weigh at scheduled time. If a competitor missed the weigh-in time, weigh-in will take place at the time when the competitor is called to compete. If you do not make weight, you will lose your seeding, and moved up to the appropriate division as an unseeded "wild card" player.

**Time and Rounds** Two (2) - Two (1) minute rounds with a 30 second break. If both Fighter wins each round, a 3<sup>rd</sup> round of 30 second is needed. Head judge will add a judge for the 3<sup>rd</sup> round to insure no ties.

**Weight Divisions and Weigh-in Procedures** See 'Divisions' listing on website and in event program.

**Coaching:** Coaching is allowed on both side of the ring. Coaches are not allowed to badger or yell at judges. The competitor's coach can also make the decision to forfeit a fight by calling time, and informing the head judge to forfeit the fight.

**Legal Target Areas** The following parts of the body may be attacked using the authorized fighting techniques:

- •Torso front and side
- Legs Inside and outside (above knee)
- •Feet only for sweeping (foot to foot)

Legal Techniques – Scoring Both hand and foot strikes should be used. In evaluating each fighter's performance the judges will give more credit to the athlete that is effective with a balanced attack of kicks and punches thrown in combination. Punching or "boxing" only for an extended period of time without throwing kicks may be cause for penalization or may downgrade the judge's evaluation of a fighter's performance. The authorized striking area of the hand or foot may only make "Clean/ Controlled" Light contact. The fighter must be looking at the point of contact when executing the technique. All techniques must be well executed. Weak techniques or techniques that simply touch or brush or push an opponent will not be scored. Excessive contact, mauling, pushing or rough-housing will be grounds for penalization, downgrading in the judges evaluation and/or disqualification. (it is not allowed to touch the floor with any part of the body except the feet).

### **HAND TECHNIQUES:**

The following hand techniques may be applied:

- Combination of no more than 3 consecutive punches
- All kind of fighting punches.

#### **FOOT, LEG TECHNIQUES:**

- Combination of no more than 3 consecutive kicks.
- Front kick (no leg)
- Sidekick (no leg)
- Roundhouse kick
- Heel kick (sole of the foot only)
- Crescent kick
- Axe kick (sole of the foot only)
- Jump kicks

#### **THROWING TECHNIQUES:**

• Foot sweeps (foot to foot – ankle/foot level only)

### Skill Levels:

Kids Ages 9 (male & female) Juniors Ages 10 - 13 (male & female) Juniors Ages 14- 17 (male & female) Adults& Seniors (male & female)

# Weight Classes for "KIDS" (Male). "9 and under Male"

CS-1 \* Male \* <= 9 \* Fin (-55.0)

CS-2 \* Male \* <= 9 \* Fly (-65.0) CS-3 \* Male \* <= 9 \* Bantam (-75.0)

CS-4 \* Male \* <= 9 \* Feather (-85.1)

CS-5 \* Male \* <= 9 \* Light (-95.1) CS-6 \* Male \* <= 9 \* Welter (95.1+)

# Weight Classes for "KIDS" (Female). "9 and under Female"

CS-23 \* Female \* <= 9 \* Fin (-55.0)

CS-24 \* Female \* <= 9 \* Fly (-65.0)

CS-25 \* Female \* <= 9 \* Bantam (-75.0)

CS-26 \* Female \* <= 9 \* Feather (-85.1)

CS-27 \* Female \* <= 9 \* Light (-95.1) CS-28 \* Female \* <= 9 \* Welter (95.1+)

# Weight Classes for "JUNIOR" (Male) "10-13 year old Male"

CS-7 \* Male \* 10-13 \* Bantam (-85.1)

CS-8 \* Male \* 10-13 \* Feather (-95.1)

CS-9 \* Male \* 10-13 \* Light (-105.1)

CS-10 \* Male \* 10-13 \* Welter (-115.1)

CS-11 \* Male \* 10-13 \* Light Middle (-125.1)

CS-12 \* Male \* 10-13 \* Middle (-135.1)

CS-13 \* Male \* 10-13 \* Light Heavy (-146.1)

CS-14 \* Male \* 10-13 \* Heavy (145.1+)

# Weight Classes for "JUNIOR" (Female) "10 and 13 years old Female"

CS-29 \* Female \* 10-13 \* Fly (-75.0)

CS-30 \* Female \* 10-13 \* Bantam (-85.1)

CS-31 \* Female \* 10-13 \* Feather (-95.1)

CS-32 \* Female \* 10-13 \* Light (-105.1)

CS-33 \* Female \* 10-13 \* Welter (-115.1)

CS-34 \* Female \* 10-13 \* Light Middle (-125.1)

CS-35 \* Female \* 10-13 \* Middle (-135.1)

CS-36 \* Female \* 10-13 \* Light Heavy (135.1+)

# Weight Classes for "TEENS" (Male) "14 and 17 years old"

CS-15 \* Male \* 14-17 \* Light (-125.1)

CS-16 \* Male \* 14-17 \* Welter (-135.1) CS-17 \* Male \* 14-17 \* Light Middle

(-145.1)

CS-18 \* Male \* 14-17 \* Middle (-155.1)

CS-19 \* Male \* 14-17 \* Light Heavy

CS-20 \* Male \* 14-17 \* Heavy (-175.1)

CS-21 \* Male \* 14-17 \* Cruiser (-185.1)

CS-22 \* Male \* 14-17 \* Super Heavy

(185.1+)

# Weight Classes for "TEENS" (Female) "14 and 17 years old"

CS-37 \* Female \* 14-17 \* Light (-105.1) CS-38 \* Female \* 14-17 \* Welter

CS-38 \* Female \* 14-17 \* Welter (-115.1)

CS-39 \* Female \* 14-17 \* Light Middle (-125.1)

CS-40 \* Female \* 14-17 \* Middle (-135.1)

CS-41 \* Female \* 14-17 \* Light Heavy (-145.1)

CS-42 \* Female \* 14-17 \* Heavy (-155.1) CS-43 \* Female \* 14-17 \* Cruiser

(-165.1) CS-44 \* Female \* 14-17 \* Super Heavy

CS-44 \* Female \* 14-17 \* Super Heavy (165.1+)

# WOMEN Weight Classes for "Adults". "18+ years"

CSW1 - Women's Lightweight: (135 lb.

CSW2 - Women's Middleweight: (135.1 – 150 lb.

CSW3 - Women's Light Heavyweight: (150 lb. & Above)

# WOMEN Weight Classes for "Masters" "35+ years"

CSWM1 - Women's Welterweight: (135 lb. and under)

CSWM2 - Women's Middleweight: (136 – 145 lb.)

CSWM3 - Women's Light Heavyweight: (146 lb. & Above)

## MEN Weight Classes for "Adults".

under)

**"18 + years"**CSM1 - Men's Lightweight: (175 lb. and

CSM2 - Men's Middleweight: (175.1 – 190 lb.)

CSM3 - Men's Heavyweight: (190 lb. & Above)

# MEN Weight Classes for "Masters". "35+ years"

CSMM1 - Men's Lightweight: (175 lb. and under)

CSMM2 - Men's Middleweight: (175.1 – 190 lb.)

CSMM3 - Men's Heavyweight: (191 lb. & Above)



# TKO STICK COMBAT INVITATIONAL ESKRIMA – KALI – ARNIS TOURNAMENT

All Sport Karate, Eskrimadors and Filipino Martial Arts enthusiasts around the Texas area, you are formally invited to an open event that brings all practitioners of Filipino Martial Arts under one roof. It doesn't matter what style or system you practice, you are invited to join us for one day of stick combat competition. This is a TKO Qualifier and all winners 1st-3rd place will be invited to the TKO STATE FINALS in November!



## SINGLE STICK COMBAT RULES

Must use one hand to strike

## Required Gear

We will provide gear unless they have their own. Other similar escrima sticks must be checked by the official for approval. Action Flex escrima sticks, headgear and gloves from Century. (NO Wood Escrimas allowed). Actionflex escrima stick will be the official gear. Sizes are 28 inches for teens/adults and 24 for the kids 11 &under.

## **Legal Targets**

The entire body with the exception of the groin, stab to the eyes, and any neck area not covered by the headgear.

### **Points**

- \*10 points or 2 minute rounds
- \*Max of 3 points at any one time.
- \*1 point for strike to legal target area
- \*2 points for a strike to the head.
- \*A combination strike technique (body & head strike consecutive), the higher scoring strike will be counted.
- \*Add one point for any successful jumping technique
- \*1 point for strike to the hand only if the opponents is disarmed as well as dropped weapon penalty. So a total of 2 points awarded. (No point for strike to the hand and not disarmed)

### **Dropped Weapons**

1 point awarded to competitor if opponent drops the weapon. Procedure: confirm drop, award point for drop, then call for points if necessary. "Drop penalty" is in effect from bow in to bow out. A scoring strike is worth 0 points if the weapon is dropped <u>during their strike</u>.

### **Contact:**

Strikes must be effective and under control. They need to be solid hits, no blind strikes. NO Ground Fighting but with the exception of One knee/hands on ground is allowed.

## Warnings and Penalties

| (Head Gear, Hand Gear and Stick provide)                  |         |             |      |       |  |  |
|---|---------|-------------|------|-------|--|--|
| "SC" for Stick Combat. Disqualification if weight not met |         |             |      |       |  |  |
| 1   |         |             |      |       |  |  |
| SINGLE STICK COMBAT POINT SPARRING                        |         |             |      |       |  |  |
| 10101 SI ARRING   |         |             |      |       |  |  |
| SC-1  | 9 under | Super Fly   | 50-  | (m/f) |  |  |
| SC-2  | 9 under | Fly         | 60-  | (m/f) |  |  |
| SC-3  | 9 under | Light       | 70-  | (m/f) |  |  |
| SC-4  | 9 under | Middle      | 80-  | (m/f) |  |  |
| SC-5  | 9 under | Heavy       | +08  | (m/f) |  |  |
| SC-6  | 10-17   | Super Fly   | 95-  | (m)   |  |  |
| SC-7  | 10-17   | Fly         | 110- | (m)   |  |  |
| SC-8  | 10-17   | Light       | 125- | (m)   |  |  |
| SC-9  | 10-17   | Middle      | 140- | (m)   |  |  |
| SC-10   | 10-17   | Heavy       | 165- | (m)   |  |  |
| SC-11   | 10-17   | Super Hvy   | 165+ | (m)   |  |  |
| SC-12   | 10-17   | Super Fly   | 95-  | (f)   |  |  |
| SC-13   | 10-17   | Fly         | 110- | (f)   |  |  |
| SC-14   | 10-17   | Feather     | 125- | (f)   |  |  |
| SC-15   | 10-17   | Light       | 140- | (f)   |  |  |
| SC-16   | 10-17   | Middle      | 165- | (f)   |  |  |
| SC-18   | 18+     | Light       | 185- | (m)   |  |  |
| SC-19   | 18+     | Heavy       | 185+ | (m)   |  |  |
| SC-20   | 18+     | All Weights |      | (f)   |  |  |
| SC-21   | 35+     | All Weights |      | (m)   |  |  |